



Smile with Confidence



April/May Newsletter

Dental Hygienist-A great choice for the whole family

What is a Dental Hygienist?

Dental Hygienists are specially trained members of the dental team who work together with your dentist to provide fully integrated dental care. They play an important role in dental health, preventing dental diseases by providing individual oral hygiene care and instruction to patients.



The Dental Hygienist cleans teeth by removing plaque, calculus and staining. Both adults and children can benefit from having their teeth cleaned and polished with a dental hygienist as they are taught how dental disease occurs and how it can be prevented. To help prevent decay the dental hygienist will also apply fluoride treatments as well as preventive sealants to the permanent back teeth if required.

Why doesn't the dentist do the work?

Our Dental Hygienists, Alice and Cheree have been specially trained in the cleaning and maintenance of the mouth, teeth and gums. Dr Dougall will refer a patient to a dental hygienist for more specialised care, while he provides complex restorative care. With individually taught home care techniques and regular maintenance our dental hygienists can assist you to maintain your teeth for the rest of your life.

Mouthguard Season:



At Greg Dougall Dental we understand that sport is an essential part of life for most children and adults. We have seen many sporting accidents in our time. Together with the Australian Dental Association we recommend that anyone, young or old, who takes part in a sport that carries a risk of a knock to the face, should wear a fitted mouthguard.

The key to getting maximum protection from a mouthguard is how well it fits around your teeth and gums. The better the fit, the better the protection. The Australian Dental Association strongly recommends a custom-fitted mouthguard from your dentist. Over-the-counter varieties don't provide enough protection from serious injury.



Smile with Confidence



Greg Dougall Dental Is Open through Easter!



We know how hard it is to juggle life these days, especially with a busy family! At least now you don't have to worry about finding a time for their regular check-up and clean as Greg Dougall Dental is open over the Easter school holidays.

Greg Dougall Dental also continues to offer gap-free check up and cleans for all children under the age of 15. We also bulk-bill patients covered by the Medicare Teen Dental Scheme. In many cases, the whole family can see the dentist for normal preventive work with very little out of pocket to pay.

We do book out quickly over the school holiday period, so if your family is overdue for their regular appointments, please give us a call as soon as you can make the time!

Roadwork Update:

The Kedron area is continually changing due to the Airport Link infrastructure. Some of the usual routes to access the Medical Centre have now changed. Listed below are the simplest directions to reach the centre for your convenience. If you are travelling:

Northbound on Gympie Road	Take Homebush Road- the first street on the left AFTER the Medical Centre then turn left onto Clarence and left onto Brookfield Road.
Southbound on Gympie Road	Turn right at either Strathmore Street or Cremorne Road. Turn left on to Turner Road. At the T intersection, turn left onto Broughton Road then take the second right onto Clarence Road. Take the second right onto Brookfield Road.
Westbound from Leckie Road	Continue North along Leckie Road and turn Left onto Castle Street. Continue straight through the Gympie Road intersection into Strathmore Street. Turn Left at the roundabout onto Turner Road. At the T intersection, turn left onto Broughton Road then take the second right onto Clarence Road. Take the second right onto Brookfield Road.
Eastbound from Stafford Road	Turn Left onto Clarence Road which is the last left before the Gympie/Stafford Road intersection. Turn right at the roundabout onto Brookfield Road.